

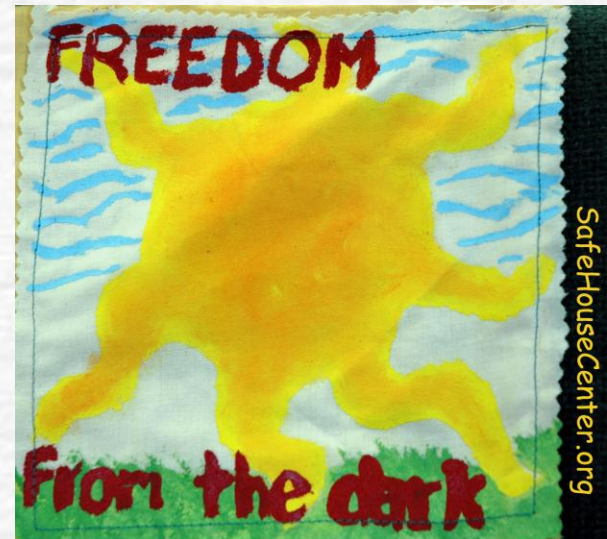
Understanding Domestic Violence:

Why you should care,
what you should know and how to help

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<http://www.paulsjusticepage.com/>



- What should you know?
- Why should you care?
- What can you do to help?



Know: DV definition

- Intimate partner violence is a pattern of assaultive and coercive behaviors that may include inflicted physical injury, psychological abuse, sexual assault, progressive social isolation, stalking, deprivation, intimidation and threats. These behaviors are perpetrated by someone who is, was, or wishes to be involved in an intimate or dating relationship with an adult or adolescent, and are aimed at establishing control by one partner over the other.

Family Violence Prevention Fund. *National Consensus Guidelines on Identifying and Responding to Domestic Violence Victimization in Health Care Settings.*

<http://www.endabuse.org/userfiles/file/Consensus.pdf>



Know: Key Aspects

- *Pattern of Coercive Behavior*



SafeHouseCenter.org

Know: Power and Control Wheel



Think About: Equality Wheel



Know: DV can happen to

- Generally MEN'S VIOLENCE AGAINST WOMEN

- Among violent crimes against a spouse, 86.1% of the offenders were male; against a boyfriend or girlfriend, 82.4%*

- Teens
- Senior citizens
- All classes
- All races
- All religions
- Gays/lesbians
- Men in heterosexual relationships

•Bureau of Justice Statistics, *Family Violence Statistics* (2005, NCJ 207846)

<http://bjs.ojp.usdoj.gov/content/pub/pdf/fvs.pdf>

Know: Sexual Assault

Any sexual act committed without consent, through force, coercion or intimidation and/or when an individual is unable to freely and knowingly give consent

- Wives can be raped by husbands
- According to Michigan law, people who are drugged, incapacitated or under the age of 16 are deemed unable to give consent.

Know: DV is hidden

- Guilt
- Shame
- Denial
- Fear of retaliation
- Fear of blame
- Privacy



Why Care: It is a violent crime!

- Violence causes trauma. Without proper support, the result can be
 - Hallucinations and dissociation
 - Depression, suicidal tendencies
 - Chronic anxiety
 - Hostility
 - Chronic fatigue syndrome
 - Eating disorders
 - Sexually Transmitted Diseases
 - Migraines
 - Substance abuse disorders
 - Indigestion, diarrhea, chronic irritable bowel syndrome
 - Self-injury
 - Cognitive impairments
 - Disease
 - Disability and premature death.

Witness Justice. *Trauma – the “Common Denominator,”*

http://download.ncadi.samhsa.gov/ken/pdf/NCTIC/The_Science_of_Trauma.pdf.

Family Violence Prevention Fund, *National Consensus Guidelines on Identifying and Responding to Domestic Violence Victimization in Health Care Settings*. <http://www.endabuse.org/userfiles/file/Consensus.pdf>

Why Care: Prevalence

- More than 1 in 3 women (35.6%) and more than 1 in 4 men (28.5%) have experienced rape, physical violence, and/or stalking by an intimate partner in their lifetime
- Nearly 1 in 5 women (18.3%) and 1 in 71 men (1.4%) have been raped at some time in their lives
 - Perpetrators are mostly partners or acquaintances



Why Care: health impact on pregnancy

"Six percent of all pregnant women are battered and pregnancy complications, including low weight gain, anemia, infections, and first and second trimester bleeding, are significantly higher for abused women, as are maternal rates of depression, suicide attempts, and substance abuse."

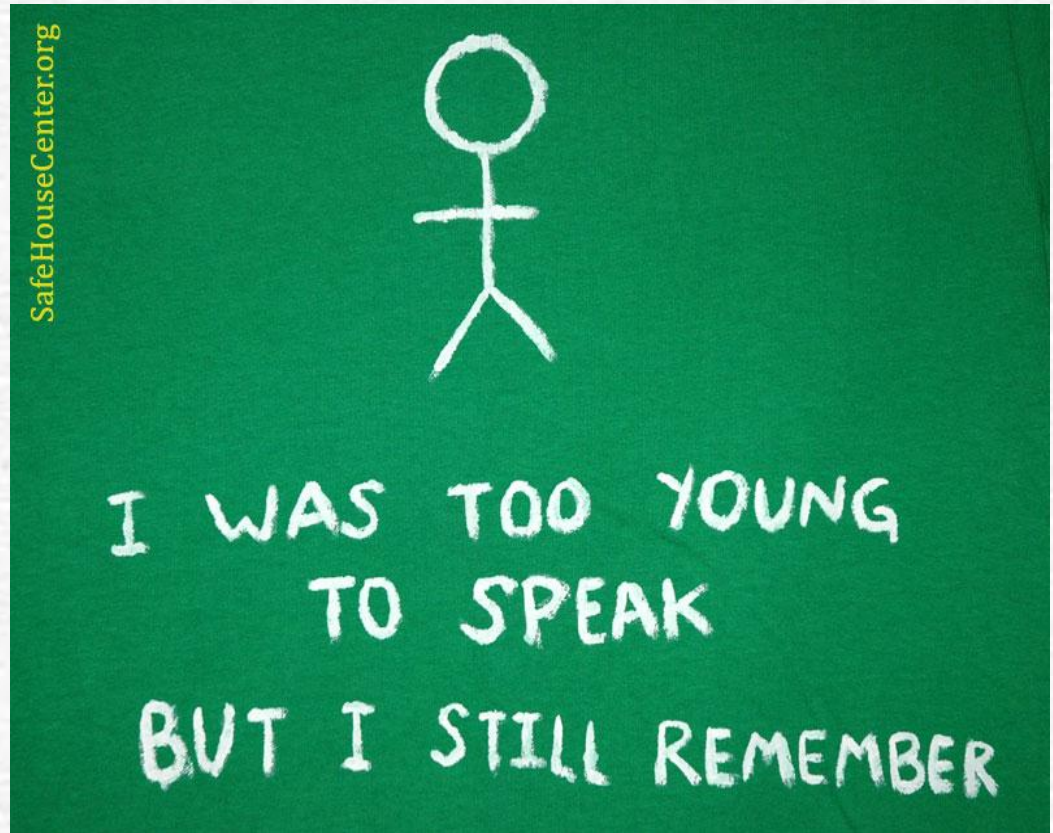
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Why Care: Effect on children

- Children who witness domestic violence may suffer: PTSD, nightmares, depression, learning difficulties, aggressive behavior and substance abuse.



U.S. Department of Health and Human Services. *Mental Health: A Report of the Surgeon General*.

<http://www.surgeongeneral.gov/library/mentalhealth/home.html>

Family Violence Prevention Fund, *National Consensus Guidelines on Identifying and Responding to Domestic Violence Victimization in Health Care Settings*.

<http://www.endabuse.org/userfiles/file/Consensus.pdf>

Why Care: Economic Costs

- The costs of intimate partner rape, physical assault, and stalking exceed \$5.8 billion each year (2003 \$)
- nearly \$4.1 billion is for direct medical and mental health care services.
- nearly \$1.8 billion is indirect costs of lost productivity and earnings

National Center for Injury Prevention and Control. *Costs of Intimate Partner Violence Against Women in the United States*. Atlanta (GA): Centers for Disease Control and Prevention; 2003.

http://www.cdc.gov/ncipc/pub-res/ipv_cost/ipvbook-final-feb18.pdf

CDC, Intimate Partner Violence: Consequences,

<http://www.cdc.gov/violenceprevention/intimatepartnerviolence/consequences.html>

Why Care: Battered Women Need Your Help

On Sept 17,
2013

[one day!]

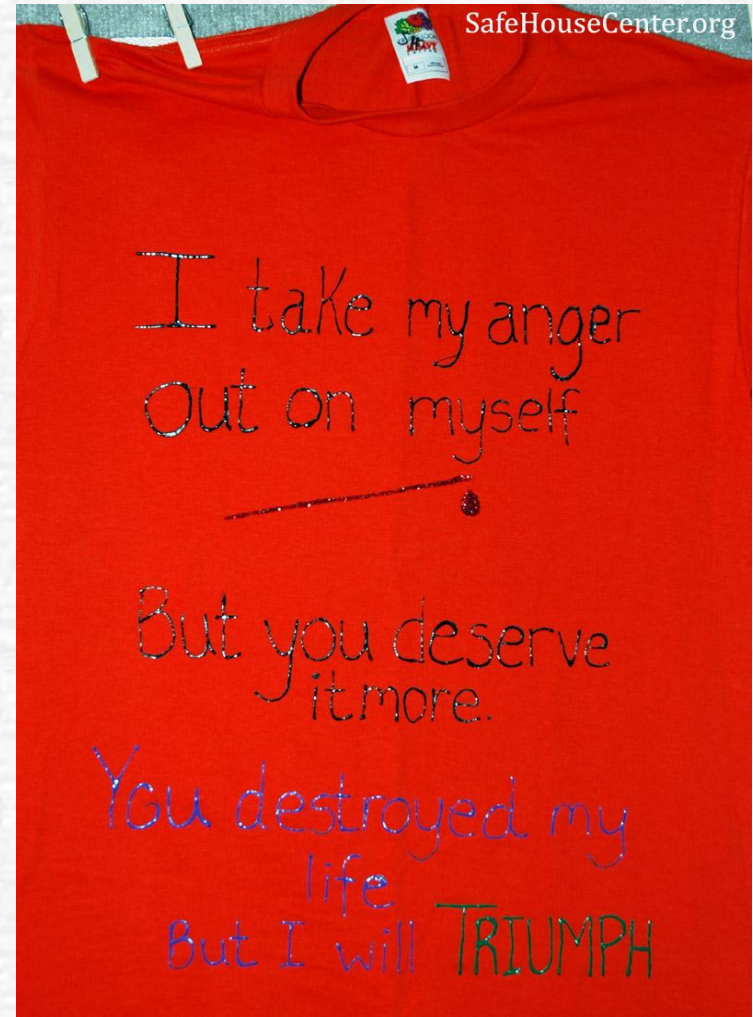


	Whole US	Michigan
Victims Served	66,581	2,293
Emergency Shelter	23,517 (50% children)	801
Hotline calls	20,267	409
Unmet Requests	9,641 (5,778 for shelter*)	200

* 60% return to abuser, 38% homeless or live in car

Help: Key messages

- You are not alone
- This is not your fault
 - How much do you blame the victims of other crimes?
- There is help available
- You [no one] deserves to be treated this way
- “Would you like to tell me what happened?”
 - Don't trigger blame: Why did you do that, wear that, say that, go there...



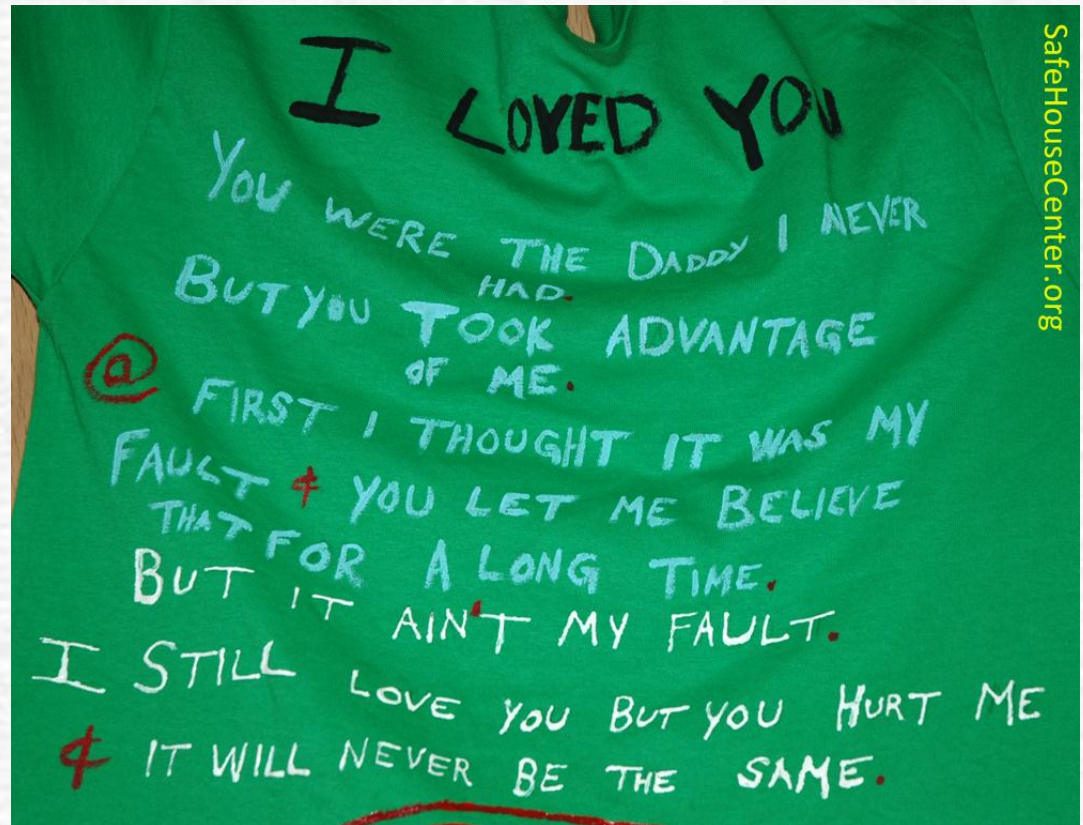
Help: How is a survivor feeling?

- Responsible
- Angry
- Hopeful
- Scared
- Unsteady
- Determined
- Resilient
- Victimized



Help: Understand Love

- She may love him, not the abuse
- She wants the abuse to end, not the relationship



Help: Empower, don't order

- DV or SA means person is experiencing profound loss of control over life.

Orders or appeals to authority will not be effective.

- Empower person by providing options and information so they can choose.



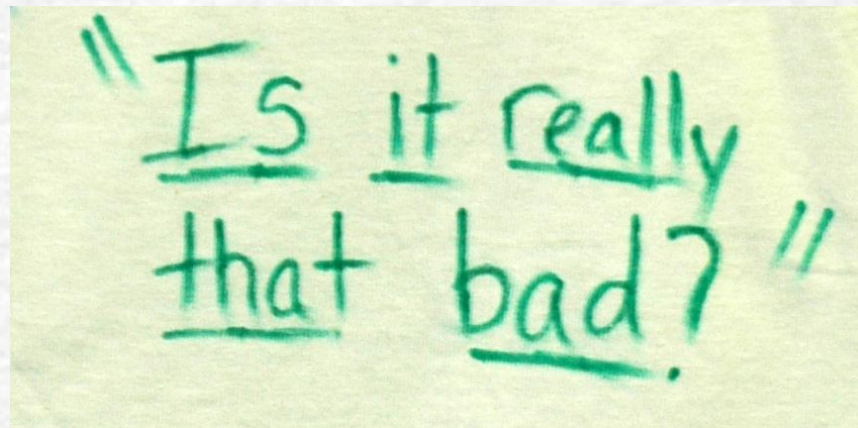
Help: Safety Plan

- Leaving is the most dangerous time.
 - Abuser escalates to re-establish control
- “I’m worried about your safety and would like to help you make a plan so it will be there if/when you want to leave”
 - Keys, \$, ID, clothing, personal items



Help: Understand ("over") reactions

- May still be minimizing or not sharing all aspects of abuse (esp. sexual abuse)
- Past traumas (abuse, incest, rape) and current situations (workplace sexual harassment) can factor into current response



"Is it really
that bad?"

Help: Ask for help yourself

- Call DV hotline

"This is a non-emergency call. I'm trying to help a friend. Is this a good time for you?"


1-800-799-7233
SAFE



Help: Don't Give Up



Paul's Domestic Violence class webpage:
<http://paulsjusticepage.com/emu/crm550.htm>



Dr. Paul Leighton is a professor in the Department of Sociology, Anthropology & Criminology at Eastern Michigan University. He has been teaching a graduate level course on domestic violence and sexual assault for most of the 17 years he has been at EMU. Leighton served six years, including two as president, on the board of SafeHouseCenter.org.

More information about him is available on his website,
<http://paulsjusticepage.com/paul/pauls-cv.htm>

His DV and SA class

<http://paulsjusticepage.com/emu/crm550.htm>

